

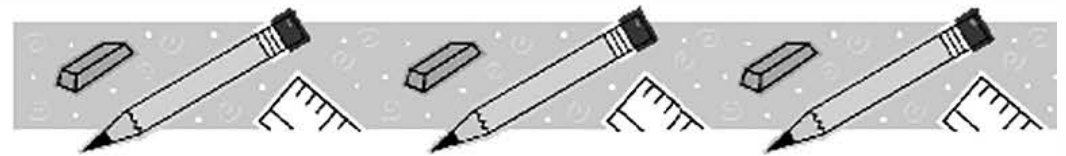
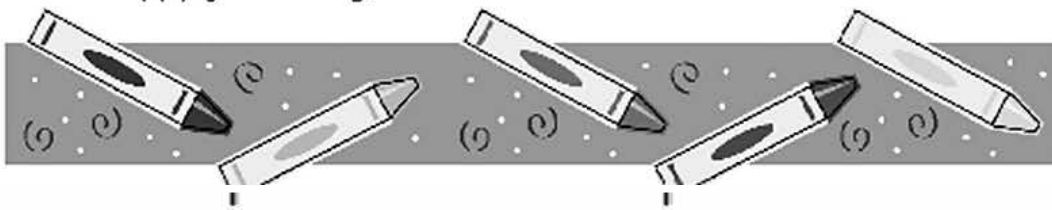
WELCOME TO YOUR VERY OWN PRAYER BOOK

The following are some different suggestions for using your prayer book to pray.

- Write a list of things/people you want to pray for
- Draw a picture about your day
- Write a letter to God
- Create a picture of what God would look like
- Cut out pictures from magazines that are things you want to pray about
- Write a song about someone you care about
- Create a prayer using cut out letter from magazines
- Draw a picture of yourself and write around the picture all the things that are special about you

I hope these suggestions are helpful to get you started. Remember, this is your book and what you do in it is between you and God!

Happy journaling!



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